

ADULT DAY SERVICES

- Christian Garden Villas 3400 W. Washington Street ... 217-787-9600
- Community Care Program (CCP) help older adults live independently
Illinois Department on Aging 800-252-8966
- Eldercare Locator 800-677-1116
- Help At Home Day Care Services 1873 E Sangamon ... 217-753-0211
- Home Health Care Services 800-404-3131
- Home Instead Senior Care 2509 W Iles Ave, Suite 102 217-547-1300
- Illinois Department on Aging 800-252-8966
- National Adult Day Services Association800-745-1440
- Villa Snr Care Community 100 Marian Pkwy, Sherman... 217-744-2299

ALCOHOL AND OLDER ADULTS

- Alcoholics Anonymous217-525-5795
- DETOX Local 24/7 Hotline..... 866-315-7061
- Help.org A community organization dedicated to empowering people suffering from substance abuse addiction. www.help.org
- Substance Abuse Treatment Facility Locator 800-662-4357
- U.S. FDA Center for Drug Evaluation and Research.
Harmful Interactions: Mixing Alcohol with Medicines... 888-463-6332

BLIND OR VISUALLY IMPAIRED

- Educational Center for the Visually Impaired 217-303-9062
- IDHS-217-217-535 W Jefferson 217-782-4830
- Illinois Assistive Technology Program 217-522-7985
- Illinois Department on Aging800-252-8966
- Illinois Dept. Healthcare & Family Svcs 800-843-6154
- Illinois State Library Talking Book & Braille Service (TBBS) Provides free braille & audiobooks & playback equipment 800-426-0709
- Mary Bryant Home For the Blind..... 217-529-1611
- Springfield Center for Independent Living217-523-2587

CAREGIVER ASSISTANCE

- Alzheimer’s Disease Education and Referral (ADEAR)... 800-438-4380
- Alzheimer’s Association 2309 W White Oaks Dr., Ste E 800-272-3900
- AgeLinc Area Agency on Aging for Lincolnland 217-787-9234
2731 S. MacArthur Blvd. (Services for those 60 & over)
- Caregiver Support Program Senior Help Line 800-252-8966
- Community Care Systems, Inc.... 800-659-6474 217-522-2273
- HSHS St. John’s Caregiver Interfaith Volunteer Service 217-787-6621
- Help at Home877-699-7952 217-753-0211
- Illinois Department on Aging (Caregiver Support) 800-252-8966
- Medicare Assistance TTY 877-486-2048.....8 00-633-4227
- National Institute on Aging Information Center..... 8 00-222-2225
- Nursing Home Hotline (Complaints)..... 800-252-4434
- Senior Services of Central IL 701 W. Mason 217-528-4035

CLOTHING & FURNITURE

- Contact Ministries 1100 E Adams Women only (Wed 9-noon)
Red cart items outside are free 9-1 (Mon – Thurs) 217-753-3939
- 5th Street Renaissance-1315 N 5th 217-544-5040
(Wed 9-1, clothing only)
- Freedom in Holiness 1430 Loveland Avenue 217-522-2527
(Women Only)
- Goodwill (office)-1220 Outer Park Drive 217-789-0400
Stores: 2531 N Dirksen Parkway & 2001 Wabash Avenue
- Habitat for Humanity 2217-744 S 6-2710
- Hope Thrift Store 1800 S Dirksen 217-522-8414
- Salvation Army Thrift Stores:
1762 W Wabash 217-546-1218
11th & Jefferson 217-528-217-7873
- Washington St Mission-408 N 4th 217-544-9011
(Clothing -Men-M&Th / Women-Tu&F Hrs: 10–11)
- Springfield Urban League (clothes for careers) 217-528-0895

COUNSELING

- Al-ANON 888-899-8341
- (DHS) Sangamon Co Dept Human Services..... 217-782-0400
600 E. Ash Street, 500 Building, Floor 1
- Family Guidance Centers -120 N 11th 217-544-9858
- Family Service Center-730 E Vine 217-528-8406
(Adoptive & Fostering)

COUNSELING CONTINUED

- First Step Women’s Center 215 South Grand West 217-523-0100
Free Pregnancy tests and free ultra sound.
- Gateway Foundation -2200 Lake Victoria 217-529-9266
- Memorial Behavioral Health 710 N 8th 217-525-1064
- Memorial Emotional Support Hotline 217-588-5509
- Need to talk? Memorial Emotional Support Line (M-F 8a-8p) 217-588-5508
- Memorial Behavioral Health Living Room 217-588-5272
-Peer support (M-F 12p-8p)
- NAMI – 218 W Lawrence 217-522-1403
Mental health info & referrals, support groups
- Phoenix Center 109 E. Lawrence 217-528-5253
(Youth group) Meets Fridays 6-9pm
(Transgender Support Grp) Meets 3rd Thur 6:30-8:00pm
(Parents of LGBT children Grp) Meets 1st Mon 6:30-8:00pm
- Prairie Center Against Sexual Assault Hotline 217-753-8081
- Preventing Abusive Relationship, Inc. (PAR) 217-528-0461
(Anger Management for Adults and Teens)
- Salvation Army 1600 Clearlake (Marriage & family)..... 217-525-2196
- Sangamon County Department of Community Resources 217-535-3120
- SARA Center- 1315 N 5th (AIDS/HIV counseling) 217-523-2191

DEAF & HEARING IMPAIRED

- Coalition of Citizens with Disabilities in Illinois 217-522-7016
3 W Old State Capitol Plaza, Suite 1
- ITAC (Illinois Telecommunications Access Corporation). 217-698-4170
- Illinois Deaf and Hard of Hearing Commission) 877-455-3323
Or V/TDD – 827-557-4495
- Illinois Assistive Technology Program 217-522 7895
- Illinois Department on Aging ... 800-252-8966
- Springfield Center for Independent Living (SCIL) 217-523-2587

DENTAL ASSISTANCE

- Central Counties Health Centers 2239 E Cook 217-788-2300
- Dental Quest (Public Aid/Medicaid) 888-286-2447
- Familia Dental 802 N. 9th Street 888-988-4066
- Illinois Dept on Aging (senior dental assistance) 800-252-8966
- Optim Dental 907 S. 6th Street 217-971 -3432
- Secure Dental – 687 E Linton Ave. 217-522-1111
- Southern View Dental Group 2743 S 6th 217-522-4121
- Veterans Assistance Commission of Sangamon County 217-753-6680
200 S. Ninth Street Rm 301-A

DISABILITY SERVICES

- Access Springfield Para transit Service 217-522-8594
(Provides Lift-equipped transportation)
- IDHS–Spfld Office of Rehabilitation Services 217-782-4830
217-217-535 W Jefferson (Assists with job placement, physical restoration, vocational training, in home care programs)
- Equip for Equality-1 W Old State Capitol, Ste 816 217-544-0464
(Advocate for persons with disabilities; provides info and referrals)
- Health Benefits for Workers with Disabilities (HBWD) Illinois residents ages 16 through 64 who have a disability and who are employed can purchase medical benefits visit www.hbwdillinois.com 800-226-0768
- Human Rights Authority (HRA) 401 S Spring 217 785-1540
• (IGAC) Illinois Guardianship and Advocacy Commission 309-671-3044
SPED Special education division to assist families.
- IL Assistive Technology Program 217-522-7985
1020 S Spring Street (Promotes independent living through Technology.)
Offers low cost loans to purchase devices, a demo center to try AT, device loans, device reutilization and evaluation and training.
- IL State Library Talking Book & Braille Service (TBBS). For those unable to read regular print. Provides free braille and audiobooks and playback equipment.....www.ilbph.org..... 800-426-0709
- Illinois Employment Office 1300 S 9th 217-782-6830
- Senior Services of Central Illinois (Senior Transport) 217-528-4035
- Social Security Admn.- 312 Constitution Drive 877-279-9504
(Also available on-line at www.ssa.gov)

DISABILITY SERVICES CONTINUED

- Springfield Center for Independent Living (SCIL) 217-523-2587
(Assistance with wheelchairs, training & personal help)
- Springfield SPARC-232 Bruns Ln 217-793-2100
(Helps individuals w/developmental disabilities improve quality of life)

DOMESTIC VIOLENCE

- National Domestic Violence Hotline 800-799-7233
- Illinois Coalition Against Domestic Violence (*Ref only*) 217-789-2830
- M.E.R.C.Y. (transitional living program) 217-744-1128
- Preventing Abusive Relationship, Inc. (PAR) 217-528-0461
- Sangamon County Child Advocacy Center (CAC) 217-522-2241
(Investigation of child sexual and physical abuse)

HOT LINE

- Senior Services of Central IL (Adult Protective Services) 800-252-2873
- Sojourn Shelter and Services Hotline 217-528-4035
- The Parent Place 217-726-5200
- The Parent Place 217-753-8730

EDUCATION

- Adult Education & Literacy (GED/Literacy/Career Pathways)
- Fishes & Loaves 3519 Sheffield Rd. (Pre GED) 217-529-3333
- Lincoln Land Community College 217-5250 Shepherd Rd 217-786-2349
- Lawrence Education Center (GED/Adult Education) 217-525-3233
- Land of Lincoln Goodwill Industries (Career Centers) 217-789-0400
- Land of Lincoln Workforce Alliance (WIOA) 217-524-5996
WIOA funding for Job Training (Dislocated Workers OR Low Income)
- Lincoln Land Community College 217-786-2477
(Academic of Lifelong Learning)
- Lincoln’s Challenge Academy 100 N. 11th 217-528-7875
- Habitat for Humanity 2217-744 S 6th 217-523-2710
(Homeowners education and home repair)
- University of Illinois Ext., Logan/Sangamon/Menard Unit 217-782-4617
(700 S Airport Drive, Springfield, IL)

ELDER ABUSE

- Elder Abuse Call Springfield Police Department 217-788-8311
24-Hour Hotline 888-206-1327 (TTY) 866-800-1409
- Illinois Department on Aging 800-252-8966
- Illinois Dept of Public Health Abuse/Neglect Hotline.... 800-252-4343
- Illinois Long-Term Care Ombudsman Prog 800-842-8538 217-523-8419
- Illinois State Police Abuse/Neglect Hotline 888-557-9503
- Senior Services of Central IL (Adult Protective Services) 217-528-4035
- Senior Help Line Voice and (TTY) 800-252-8966
(After office hours, weekends and holidays) 800-279-0400

ELECTED OFFICIALS

- Governor J.B. Pritzker..... 217-782-6830
- Attorney General Kwame Raoul..... 217-782-1090
- Secretary of State Jesse White..... 217-782-2201
- US Senators:
Richard Durbin, Senior Senator..... 217-492-4062
Tammy Duckworth, Senator..... 217-528-6124
- US Representatives:
Rodney Davis (13th District)..... 217-791-6224
Darin LaHood (18th District)..... 217-670-1653
- State Senator Doris Turner (48th District)..... 217-782-0228
- State Senator Steve McClure (50th District)..... 217-782-8206
- State Representative Tim Butler (87th District)..... 217-782-0053
- State Representative Sue Scherer (96th District)..... 217-524-0353
- State Representative Mike Murphy (99th District)..... 217-782-0044
- Springfield Mayor James O Langfelder..... 217-789-2200

EYE EXAMS/EYEGGLASS ASSISTANCE

- Bard Optical 3055 Wabash (Accepts Medical Cards) 217-793-2273
- EyeCare America (Medical cards for exams over 65) 877-887-6327
- Gailey Eye Clinic 1401 S Koke (IL Health Partnership cards) 217-529-3937
- Sangamon County Department of Public Health 217-535-3100
(standard reading glasses only no prescriptions)
- Vision USA (Help to receive free eye exams) 800-766-4466
- Senior Services of Central IL 217-528-4035

FOOD PROGRAMS

- **APL (PET) FOOD BANK** (Provides pet food) 217-544-7387
- Abundant Faith Ministries Manna Store (Tues. 5pm– 7pm) 217-527-1006
- Asbury Children’s Supper Hour (M-Th 3:00-4:45) 217-522-8147
- Auburn IL Food Pantry (M 12:30–2:30) 217-971 -7557
- Ball-Chatham Food Pantry (Call for appointment) 217-697-4663
- Catholic Charities (Holy Family Food Pantry) (M, W & F 9:00 – 12:00) 217-523-4551
- Catholic Charities St. John’s Bread Line (emergency meals) 217-528-6098
- Contact Ministries (*Referrals only*) 217-753-3939
- Divernon UMC Food Pantry (M 5-7 pm) 217-416-1612
- 5th Street Renaissance (Wed 11:00 – 1:00 p.m.) 217-544-5040
- Freedom in Holiness Mission 1430 Loveland Avenue 217-522-2527
3rd Wed 10-11:30 a.m. (During Summer 2nd & 4th Wed. 2:30 – 3:30)
- Good Shepherd Luthern in Sherman (CIL for appointment) 217-496-3149
- Helping Hands of Pleasant Plains 2nd Sat. 7 a.m. – 10: a.m. 217-414-4175
- Hunger Hotline 800-359-2163
- Kumler Outreach Ministries 217-523-2269
(M thru F 9:00 a.m. – 12:00 p.m. & 3rd Thurs 5:30 – 6:30 p.m.)
- Lawrence Ave Church of Christ Food Pantry (Saturdays 10 a.m.-12 Noon) 217-525-6156
- Loami Area Pantry 217-624-9900
(1st & 3rd M 12:00 -2:00 p.m. & 2nd & 4th Tues 10:00 – 12:00)
- Meals on Wheels (Sr. Svcs. of Central Illinois) 217-528-4035
- Pregnancy Care Center of Spfld 700 N-7th Suite B 217-525-5630
(Healthy Options during pregnancy) “Food for Two” Tues-Thurs 9-4:30
- Real Life Church (Tuesdays 4:00 – 6:00 p.m. 217-528-2299
- Riverton Pantry (Thurs 4 – 6:00 p.m.) 217-391-6590
- Salvation Army (M, W & F 9:00a-12p & 1:00p-3p) 217-525-2196
- Senior Services Daily Bread Program for seniors 217-528-4035
(8 – 5 M-F Lunch at 12:00 daily)
- Senior Services Springfield Specialty Meals on Wheels 217-528-4035
(Home delivered meals customized to your Physician Prescribed dietary needs.)
- Seventh Day Adventist Church (2 - 4 p.m. every Sunday) 217-720-2568
- Springfield Township-(*Referrals Only*) 217-525-1464
- St Martin DePorres (W & Th & Sat 9 – 11) 217-299-7921
- Table of Life Ministries (3rd Fri. each mo. 4-7 p.m.) 217-720-5100
- Triumph Community Outreach Ministries 217-522-5957
(2nd & 4th Saturdays each month 9:00 a.m. to 11: 00 a.m.)

GRANDPARENTS RAISING CHILDREN

- AgeLinc Area Agency on Aging for Lincolnland 217-787-9234
2731 S. MacArthur Blvd. (Services for those 60 & over)
- HSHS St. John’s Caregiver Interfaith Volunteer Services 217-787-6621
- Illinois Dept on Aging 888-206-1327 (TTY) 800-252-8966
- Illinois Dept of Children and Family Services (DCFS) 800-843-6154
Child Abuse Hotline: 800-358-5117 (TTY) 800-252-2873
- Parent Place Guardianship assistance for relatives seeking Guardianship of a minor child Ext 103 217-753-8730
- WIC (Food for Women & Children) 217-535-3102

FOSTER GRANDPARENT PROGRAMS

- Foster Grandparent Paid Volunteer Program (55 & Older) 217-789-7637
One Hope United at 520 E. Capitol
- Kids Hope United 520 East Capitol 217-789-7637

LEGAL ASSISTANCE

- AARP (TTY) 877-434-7598 888-687-2277
- American Bar Association 800-285-2221
- Better Business Bureau 800-500-3780
- Caring Connections 800-658-8898
- Catholic Charities Legal Services 800-745-5194
- Centers for Medicare & Medicaid Services 877-267-2323
(TTY) 866-226-1819
- Illinois Lawyer Finder 217- 525-5297
- Illinois Attorney General 800-243-0618
- IL Dept. Financial & Prof Regulation Div. of Insurance 217-782-7446
- Land of Lincoln Legal Assistance 217-529-8400
3085 Stevenson Drive, Suite 202

MEALS AND NUTRITION

- (DHS) Sangamon Co Dept Human Services 217-782-0400
600 E. Ash Street, 500 Building, Floor 1
- Senior Svces of Central Illinois Senior Nutrition Programs 217-528-4035
(Daily Bread & Springfield Specialty Meals on Wheels)
- Federal Trade Commission (TTY) 866-653-4261 877-382-4357
- Food and Drug Administration Cntr for Food & Safety 888-723-3366
- Hunger Hotline 800-359-2163
- Meals on Wheels (Sr. Svcs. of Central Illinois) 217-528-4035
- National Institute on Aging Information Center 800-222-2225
- ...Catholic Charities St. John's Bread Line 10:30 – 1:00 217-528-6098

MENTAL ASSISTANCE

- AARP (Understanding Medicare) 888-687-2277
- Alzheimer's Association 2309 W White Oaks Dr., Ste E. 800-272-3900
- Alzheimer's Disease Education and Referral (ADEAR) 800-438-4380
- AgeLinc Area Agency on Aging for Lincolnland 217-787-9234
2731 S. MacArthur Blvd. (Services for those 60 & over)
(Senior Health Insurance Program and Benefit Access Assistance)
- Catholic Charities-120 S 11th 217-523-4551
- Central Counties Health Centers-2239 E Cook 217-788-2300
- Central Illinois HIV Care Consortium 217-545-7683
- Chemotherapy/cancer treatments 800-422-6237 (TTY) 800-332-8615
- Community Care Home Health Services 217-522-2273
- Diabetes Nutrition Therapy (TTY) 877-486-2048 800-633-4227
- HSHS Home Health (including Hospice) 217-525-5641
- Healthcare Fraud (AgeLinc Area Agency on Aging for Lincolnland
2731 MacArthur Blvd. (Services for those 60 & over) 217-787-9234
- IL HIV/AIDS/STD Hotline 800-243-2437
- Medicaid (Do you qualify) (TTY) 877-486-2048 800-633-4227
- Memorial Home Services-Hospice-701 N. First St 217-788-4663
- National Cancer Institute...(TTY) 800-332-8615 800-422-6237
- National Institute on Aging Information Center 800-222-2225
- Nurse-Family Partnership at SIU Medicine 520 N 4th 217-545-3012
- Phoenix Center 109 E. Lawrence 217-528-5253
(HIV/STD Testing ID NOW 9-3 P.M.)
- Sang Co Dept Human Services 217-782-0400
(Public Aid office & related offices)
- Sang Co Dept of Public Health 217-535-3102
Adult immunizations, flu shots
- SIU School of Medicine (Center for Family Medicine) 217-545-8000
520 North 4th Street (Acute Care Services)
- SIU Memory and Aging Clinic 217-545-8249
SIU School of Medicine-751 Rutledge, Third Floor

MENTAL HEALTH

- Memorial Behavioral Health 710 N 8th 217-525-1064
- National Hope line Network 800-784-2433
(Suicide, crisis and mental health)

MORTGAGE ASSISTANCE

- Illinois Foreclosure Prevention Network 855-533-7411
- Sangamon County Department of Community Resources 217-535-3120

PRESCRIPTION ASSISTANCE

- AgeLinc Area Agency on Aging for Lincolnland 217-787-9234
2731 S. MacArthur Blvd. (Services for those 60 & over)
(Assistance with Medicare Part D)
- Catholic Charities-120 S 11th 217-523-4551
- Central Counties Health Centers-2239 E Cook 217-788-2300
- Clearlake Township-4260 Old Rt 36 217-523-4210
- Contact Ministries 1100 E Adams (Call for apt. Mon. thru Thurs) or walk in Wed. 9am to 1pm. Seniors 55 and over only) 217-753-3939
- Kumler Outreach Ministries 217-303 N Grand Ave East (Mon-Fri 9-12:00 and 1:00-3:00) 217-523-2269
- Prescriptions in disaster or emergency areas 800-633-4227
(TTY) 877-486-2048
- Salvation Army 1600 Clearlake (Seniors 55 and older) 217-525-2196
- Sangamon Scripts presents 800-931-8872
(Coast2CoastRx Discount card for prescriptions)

PRESCRIPTION ASSISTANCE CONTINUED

- SIU School of Medicine (Center for Family Medicine) 217-545-8000
 - Springfield Township-3298 Terminal Ave 217-525-1464
- RENTAL ASSISTANCE (Contact Township you reside in)**
- Capital Township-2833 South Grand Avenue East 217-525-1736
 - Catholic Charities-120 S 11th 217-523-4551
 - Clearlake Township-4260 Old Rt 36 217-523-4210
 - 5th Street Renaissance-1315 N 5th 217-544-5040
 - Salvation Army – Veterans 217-670-2521
 - Sangamon Cnty Community Resources 2833 S Grand Ave E 217-535-3120
 - Springfield Dept of Comm Relations 217-789-2270
(Landlord-tenant concerns & housing counseling)
 - Springfield Housing Authority-200 N 11th 217-753-5757
 - Springfield Township-3298 Terminal Ave 217-525-1464
 - Springfield Urban League 100 N 11th 217-789-0830
 - Health Initiatives (Support for formerly incarcerated returning home)
 - Veterans Assistance Commission of Sangamon County 217-753-6680
 - Woodside Township-490 North St 217-522-3712

SENIOR SERVICES - OTHER RESOURCES

- AARP-American Assoc of Retired Persons 217-522-7700
300 W Edwards (Services for those 50 & over)
 - Alzheimer's Association 800-272-3900
2309 W White Oaks Dr., Suite E
 - AgeLinc Area Agency on Aging for Lincolnland 217-787-9234
 - 2731 S. MacArthur Blvd. (Services for those 60 & over)
 - Capitol Plaza Apartments - Adult Living 217-528-1771
 - Habitat for Humanity 2744 S 6th 217-523-2710
(Handicap Ramps for homeowners)
 - Illinois Department on Aging 800-252-8966
(Various programs: Grandparents Raising Grandchildren, Caregiver Support Program, Community Care Program) Daily Bread Program for seniors (M-F 8-5 Lunch daily 12:00 217-528-4035)
 - Illinois Home Care Ombudsman Program (HCO) 800-252-8966
 - Elder Abuse 217-788-8311
Call Springfield Police Department
24-Hour Hotline 866-800-1409 888-206-1327 (TTY)
 - Home Health Care Services 800-404-3131
 - HSHS St. John's Caregiver Interfaith Volunteer Services 217-787-6621
 - Meals on Wheels (Senior Services of Central IL) 217-528-4035
 - MYERS Mobile Animal Clinic 217-836-9556
(At home full service clinic for your cat or dog)
 - Sang Co Supervisor of Assessments 217-753-6805
 - Senior Citizen Assessment Freeze (65 and over)
 - Senior Health Insurance Program (SHIP) 800-252-8966
(Medicare Trained Counselors)
 - Senior Help Line 800-252-8966
 - Senior Services of Central IL 217-528-4035
 - (Care Coordination, Adult Protective Services, Information & Assistance, Money Mgmt., Caregiver Services, Elder Assist., Nutrition Programs, Senior Transport, Programs & Activities, and IL Senior Olympics.
 - Comprehensive Needs Assessment 217-528-3882 or 217-528-4035
 - Social Security Admin.- 3112 Constitution Drive (ssa.gov) 877-279-9504
 - Springfield Supportive Living (65 and older) 217-522-8843
2034 East Clear Lake Avenue
 - State of IL Circuit Breaker 888-206-1327 (TTY) 800-252-8966
(License plate discounts. Seniors 65 and older and persons with disabilities ride free benefits)
- SHELTERS**
- Contact Ministries 1100 E Adams Ext. 22 217-753-3939
(Homeless Single Women & Women with Children, also boys thru age 17)
 - Helping Hands-200 S 11th 217-522-0048
 - Inner City Mission-714 N 7th 217-525-3940
 - Phoenix Center 217-528-5253
Transitional Housing for homeless. HIV+ men and women
 - Transitional Housing for LGBT men and women
 - Bi-Group, meets 2nd Thursday 6:-6:30
 - Spring St Veteran Renaissance 209 W Scarritt St. 217-528-0800
(Shelter/Program for homeless veterans.)

SUICIDE PREVENTION

- Illinois Warm Line 866-359-7953
- National Suicide Prevention Lifeline (Lets talk) 800-273-8255
www.suicidepreventionlifeline.org

TRANSPORTATION

- Access Springfield Para transit Service 217-522-8594
(Provides Lift-equipped transportation)
 - American Cancer Society (Transp. for Cancer Patients) 217-523-4503
 - AgeLinc Area Agency on Aging for Lincolnland 217-787-9234
 - 2731 S. MacArthur Blvd. (Services for those 60 & over) (Senior Transport)
 - Angel Flight Central (free flights in Midwest) 866-569-9464
 - Central Illinois HIV Care Consortium 217-545-7683
 - First Transit (non-emergency medical) 877-725-0569
 - HSHS St. John's Caregiver Interfaith Volunteer Services 217-787-6621
 - Helping Hands Health Care 217-525-7069
(Transportation for non-emergency medical)
 - IlliniCare Health Care (call for transportation asst.) 877-041-0482
 - License Plates Parking Program (TTY) 888-261-5280 800-242-8980
 - Life Line Pilots (Free Flights in Midwest for Med Needs) 800-822-7972
 - Meridian Health Care (non-emergency transportation) 866-796-1165
 - Molina Health Care (non-emergency) 844-644-6354
 - National Institute on Aging Information Center 800-222-2225
 - Salvation Army-221 N. 11th 217-525-2196
 - Senior Services of Central Illinois (Senior Transport) 217-528-4035
 - Sangamon Mass Transit District (SMTD) 217-522-5531
SMTD Route and Schedule information
- UTILITY ASSISTANCE (Contact Township you reside in)**
- Abundant Faith Ministries-2641 E Cook St. 217-527-1006
 - Capital Township-2833 South Grand Avenue East 217-525-1736
 - Catholic Charities-120 S 11th 217-523-4551
 - Clearlake Township-4260 Old Rt 36 217-523-4210
 - 5th Street Renaissance-1315 N 5th 217-544-5040
 - Salvation Army 1600 Clr Lake 217-525-2196
(Must be 55 yrs old or older)
 - Sang Co Community Resources (LIHEAP/WX) 217-535-3120
2833 South Grand Avenue East
 - Springfield Township-3298 Terminal Ave 217-525-1464
 - Springfield Urban League-100 N 11th 217-789-0830
 - Veterans Assistance Commission of Sangamon County 217-753-6680
200 S. Ninth Street Rm 301-A
 - Woodside Township-490 North St 217-522-3712

WORK ASSISTANCE

- Capital Township-(Workfare) 217-525-1736
- Experience Works, Inc. 217-787-9234
- Land of Lincoln Goodwill Industries Career Centers 217-789-0400
- Land of Lincoln Workforce Alliance-Job Search Assistance/WIOA 217-524-5996
Funding for Job Trng/Dislocated Workers OR Low Income)
- Lincoln Land Community College 217-786-2335
- Senior Community Service Employment Program 800-252-8966
(TTY) 800-206-1327
- Senior Corps (TTY) 800-833-3722 800-942-2677
- Springfield Urban League Workforce 217-528-0895
- Veterans Assistance Commission of Sangamon County 217-753-6680
200 S. Ninth Street Room 301-A

OTHER RESOURCES

- 211 (Just dial 211) Social Services Resource Hotline DIAL 211
- Animal Control Center 2100 Shale Road 217-535-3065
- Animal Protective League (APL) 217-544-7387
(Spay/Neuter Clinic-choose #2 on the phone menu)
- Computer Banc--1217-545 N 11th 217-528-9506
(Computers for at risk children, seniors & special needs adults)
- Crime Stoppers 24 Hr Tip Line 217-788-8427
- (DHS) Sangamon Co Dept Human Services 217-782-0400
600 E. Ash Str., 500 Bldg., Flr 1 (Case mgmt, public aid, food stamps)

OTHER RESOURCES (Continued)

- DHS Funeral & Burial Benefits 217-785-4216
- DORS Department of Rehab (Home Services) 217-782-4830
- Faith Coalition for the Common Good 2208 E Kansas 217-544-2297
- Get Connected Volunteer Opportunities – United Way of Illinois
<http://volunteer.springfieldunitedway.org/>
- HOSPICE (Bereavement Support Group) 217-788-4663
- HSHS St. John's Caregiver Interfaith Volunteer Services 217-787-6621
- Illinois Dept of Human Services (IDHS) Help Line. 800-843-6154
- Justine Petersen (Loans for Small Businesses, (ext.5470) 217-789-2377
Home Repair, First time home buyer, Credit Education)
- MYERS Mobile Animal Clinic 217-836-9556
(At home full service clinic for your cat or dog)
- PFLAG 217-481-0136
(Uniting gay, lesbian, bisexual, transgender & queer (LGBTQ) people with families, friends & allies) Meets every 3rd Mon 7:00 p.m. at
Abraham Lincoln Unitarian Universalist Congregation

(INFORMATION ONLY)

- Ameren CILCO..... 888-672-5252
- CWLP (Billing Inquiries)..... 217-789-2030
- Circuit Clerk's office..... 217-753-6674
- County Clerk's office..... 217-753-6670

SENIOR
DIRECTORY OF
RESOURCES FOR
SANGAMON COUNTY



SANGAMON COUNTY
DEPARTMENT OF COMMUNITY
RESOURCES
2833 South Grand Avenue East C100
SPRINGFIELD, IL 62703

PHONE: 217-535-3120
FAX: 217-535-3119

<http://co.sangamon.il.us/communityresources>

APRIL 2022